



37%

USERS REPORTED
WEIGHT LOSS



89%

USERS BENEFITED



35%

USERS ADOPTED ACTIVE LIFE STYLE
BY CONTINUING THE ACTIVITY
ALL ROUND THE YEAR



71%

USERS INDICATED HIGH
ENERGY LEVELS



16%

USERS REPORTED
UP TO 4 DAYS REDUCTION IN
UNPLANNED SICK LEAVE *



EMPLOYEE
ENGAGEMENT
LEVEL @

84%



3,648
EMPLOYEES PARTICIPATED



931 MILLION
STEPS COVERED



9.4 MILLION
CALORIES BURNT

6,55,490 Km
COVERED





86%

DIABETIC POPULATION BENEFITED*



67%

USERS TRANSITIONED TO ACTIVE LIFESTYLE



43%

USERS WITH BACK AND KNEE PROBLEMS SHOWED IMPROVEMENT*

WEIGHT LOSS



37% (1350 USERS)

REGISTERED 4.5 KG AVERAGE WEIGHT LOSS



1.0 BILLION STEPS
CISCO CHALLENGE

93%
COMPLETED



HEALTHY START
10,000 STEP CHALLENGE

152 USERS
WON



1.0 MILLION STEPS
INDIVIDUAL CHALLENGE

173 USERS
RECOGNIZED
IN WALL OF FAME



WALK & EARN
550 USERS
EARNED 1000+
GETACTIVE POINTS